



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

KRAHN, Andreas

Club: ohne

Number: 309

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

Senioren 4 (55-59 Jahre)

Total time: 1:15:48

Speed: 19.79 km/h

Running performance: 3:01 min/km

Rank in course/Total: 6 (of 19)

Rank in course/Men: 3 (of 9)

Best time in course: 1:04:46

Rank in category: 1(of 2)

Best time in the category: 1:15:48

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Schwimmen | 0.20 | 5:32 | 27:39 | 2 | 0:38 | 8 | 1:23 | 0.20 | 5:32 | 27:39 | 2 | 0:38 | 8 | 1:23 |
| Rad | 20.00 | 45:03 | 2:15 | 1 | - | 2 | 4:29 | 20.20 | 50:35 | 2:30 | 1 | - | 2 | 5:52 |
| Lauf | 5.00 | 25:13 | 5:02 | 2 | 3:27 | 7 | 5:10 | 25.20 | 1:15:48 | 3:00 | 1 | - | 3 | 11:02 |