



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

### RECKEMEIER, Nils

Club: Hannover 96

Number: 478

Course: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

Category:

AK1 männlich (20-24 Jahre)

Total time: 2:18:58

Speed: 23.96 km/h

Running performance: 2:30 min/km

Rank in course/Total: 1 (of 84)

Rank in course/Men: 1 (of 69)

Best time in course: 2:18:58

Rank in category: 1(of 3)

Best time in the category: 2:18:58

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	1.50	22:40	15:06	2	0:36	4	1:46	1.50	22:40	15:06	2	0:36	4	1:46
Rad	44.00	1:18:59	1:47	1	-	1	-	45.50	1:41:39	2:14	1	-	1	-
Lauf	10.00	37:19	3:43	1	-	1	-	55.50	2:18:58	2:30	1	-	1	-