



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

### JÜNGST-DAUBER, Birgit

Club: VFL Marburg/www.dassportwerk.de

Number: 279

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Seniorinnen 3 (50-54 Jahre)

Total time: 1:18:58

Speed: 19.00 km/h

Running performance: 3:06 min/km

Rank in course/Total: 34 (of 157)

Rank in course/Women: 4 (of 42)

Best time in course: 1:12:08

Rank in category: 2(of 6)

Best time in the category: 1:18:33

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:19	22:37	6	1:45	26	3:13	0.50	11:19	22:37	6	1:45	26	3:13
Rad	20.00	45:35	2:16	3	2:23	6	3:24	20.50	56:54	2:46	3	3:00	7	6:37
Lauf	5.00	22:04	4:24	1	-	5	0:48	25.50	1:18:58	3:05	2	0:25	4	6:50