



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WÄSCH, Daniel

Club: Soester Tri Team

Number: 272

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 1:19:10

Speed: 18.95 km/h

Running performance: 3:06 min/km

Rank in course/Total: 37 (of 157)

Rank in course/Men: 32 (of 115)

Best time in course: 1:04:56

Rank in category: 4(of 19)

Best time in the category: 1:05:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:25	20:49	4	1:42	25	2:23	0.50	10:25	20:49	4	1:42	25	2:23
Rad	20.00	45:19	2:15	5	8:12	35	8:12	20.50	55:44	2:43	5	9:54	31	9:54
Lauf	5.00	23:26	4:41	8	3:56	45	6:12	25.50	1:19:10	3:06	4	13:50	32	14:14