



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

SCHULTE, Benjamin

Club: ZischKlack

Number: 143

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 1:18:51

Speed: 19.02 km/h

Running performance: 3:05 min/km

Rank in course/Total: 32 (of 157)

Rank in course/Men: 28 (of 115)

Best time in course: 1:04:56

Rank in category: 4(of 11)

Best time in the category: 1:14:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.50	12:13	24:26	10	2:35	68	4:11	0.50	12:13	24:26	10	2:35	68	4:11				
Rad	20.00	44:35	2:13	3	1:23	31	7:28	20.50	56:48	2:46	6	2:55	36	10:58				
Lauf	5.00	22:03	4:24	5	1:55	26	4:49	25.50	1:18:51	3:05	4	4:49	28	13:55				