



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

RÖDDER, Tim

Club: vereinslos

Number: 192

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 1:21:31

Speed: 18.40 km/h

Running performance: 3:12 min/km

Rank in course/Total: 46 (of 157)

Rank in course/Men: 39 (of 115)

Best time in course: 1:04:56

Rank in category: 5(of 16)

Best time in the category: 1:08:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:44	21:27	4	1:50	30	2:42	0.50	10:44	21:27	4	1:50	30	2:42
Rad	20.00	47:59	2:23	6	7:21	49	10:52	20.50	58:43	2:51	5	9:11	41	12:53
Lauf	5.00	22:48	4:33	5	3:29	36	5:34	25.50	1:21:31	3:11	5	12:40	39	16:35