



# 10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

## Detailed evaluation

**KERSTING, Markus**

Club: TriFun Hennesee

Number: 266

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 1:22:16

Speed: 18.23 km/h

Running performance: 3:14 min/km

Rank in course/Total: 49 (of 157)

Rank in course/Men: 40 (of 115)

Best time in course: 1:04:56

Rank in category: 6(of 19)

Best time in the category: 1:05:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:50	19:40	3	1:07	17	1:48	0.50	9:50	19:40	3	1:07	17	1:48
Rad	20.00	44:10	2:12	4	7:03	26	7:03	20.50	54:00	2:38	3	8:10	22	8:10
Lauf	5.00	28:16	5:39	13	8:46	89	11:02	25.50	1:22:16	3:13	6	16:56	40	17:20