



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

VELTKAMP, Charlotte Aenne

Club: SV Gladbeck 13

Number: 21

Course: 6.22 km

Schüler- und Jugendtriathlon (0,2-5,00-1,00)

Category:

weibliche Schüler B (10+11 Jahre)

Total time: 25:42

Speed: 14.01 km/h

Running performance: 4:08 min/km

Rank in course/Total: 10 (of 28)

Rank in course/Women: 4 (of 10)

Best time in course: 22:58

Rank in category: 1(of 4)

Best time in the category: 25:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.20	4:17	21:24	2	0:06	3	0:42	0.20	4:17	21:24	2	0:06	3	0:42				
Wechsel S -> R	0.01	1:46	176:39	1	-	1	-	0.21	6:03	28:48	1	-	2	0:18				
Rad netto	5.00	13:59	2:47	2	0:29	7	13:56	5.21	20:02	3:50	2	0:10	8	12:30				
Rad	0.01	1:20	133:19	1	-	2	0:03	5.22	21:22	4:05	2	0:03	5	2:50				
Lauf	1.00	4:20	4:19	1	-	1	-	6.22	25:42	4:07	1	-	4	2:44				