



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

WEBER, Dieter

Club: PSV Brilon

Number: 249

Course: 25.50 km

Volksdistanz (0,50-20,00-5,00)

Category:

Senioren 4 (55-59 Jahre)

Total time: 1:20:32

Speed: 18.63 km/h

Running performance: 3:10 min/km

Rank in course/Total: 43 (of 157)

Rank in course/Men: 36 (of 115)

Best time in course: 1:04:56

Rank in category: 3(of 7)

Best time in the category: 1:16:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	12:58	25:56	5	2:29	79	4:56	0.50	12:58	25:56	5	2:29	79	4:56
Rad	20.00	44:32	2:13	2	2:21	30	7:25	20.50	57:30	2:48	3	3:06	39	11:40
Lauf	5.00	23:02	4:36	2	0:32	40	5:48	25.50	1:20:32	3:09	3	3:38	36	15:36