



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

Detailed evaluation

BAHN, Karl

Club: Privatsportschule Jezow

Number: 305

Course: 25.20 km

Sprintdistanz (0,2,- 20,00,- 5,00)

Category:

männliche Jugend A (16+17 Jahre)

Total time: 1:20:59

Speed: 18.52 km/h

Running performance: 3:13 min/km

Rank in course/Total: 11 (of 19)

Rank in course/Men: 7 (of 9)

Best time in course: 1:04:46

Rank in category: 1(of 1)

Best time in the category: 1:20:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.20	4:42	23:30	1	-	4	0:33	0.20	4:42	23:30	1	-	4	0:33
Rad	20.00	53:09	2:39	1	-	7	12:35	20.20	57:51	2:51	1	-	7	13:08
Lauf	5.00	23:08	4:37	1	-	4	3:05	25.20	1:20:59	3:12	1	-	7	16:13