



Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

Detailed evaluation

Föhn, Insa

Club: OSC Kassel

Total time: 1:12:15

Running performance: 11:08 min/km

Course: 6.48 km / 13 Controls

Category:

D19E (Damen ab 19)

Rank in category: 4(of 11)

Best time in the category: 55:05

Behind: 17:10

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (49)	1:34	4	0:22	30.6	1:34	4	0:22	30.6
2 (36)	6:57	4	1:25	25.6	8:31	4	1:36	23.1
3 (37)	2:58	3	0:07	4.1	11:29	4	1:10	11.3
4 (38)	7:36	3	1:50	31.8	19:05	3	3:00	18.7
5 (51)	13:41	6	3:37	35.9	32:46	4	6:37	25.3
6 (44)	1:34	7	0:32	51.6	34:20	4	7:09	26.3
7 (46)	7:21	3	1:27	24.6	41:41	4	8:36	26.0
8 (45)	7:02	7	3:00	74.4	48:43	5	11:36	31.3
9 (32)	4:17	5	1:04	33.2	53:00	5	12:40	31.4
10 (51)	7:31	5	1:24	22.9	1:00:31	5	14:04	30.3
11 (50)	0:56	1	-	-	1:01:27	5	13:59	29.5
12 (47)	7:38	8	4:57	184.5	1:09:05	5	16:24	31.1
13 (100)	2:11	5	0:30	29.7	1:11:16	5	16:54	31.1
Finish	0:59	5	0:16	37.2	1:12:15	5	17:10	31.2