



# Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

## Detailed evaluation

Kosch, Iris

Club: OLV Steinberg

Total time: 1:13:15

Running performance: 14:25 min/km

Course: 5.08 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 1(of 10)

Best time in the category: 1:13:15

Behind: 22:03

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (49)	2:03	3	0:34	38.2	2:03	3	0:34	38.2
2 (37)	5:37	3	1:12	27.2	7:40	3	1:46	29.9
3 (35)	4:37	6	1:37	53.9	12:17	3	3:05	33.5
4 (38)	4:20	5	0:59	29.4	16:37	3	4:04	32.4
5 (40)	8:33	6	1:47	26.4	25:10	4	5:48	30.0
6 (44)	9:53	4	2:03	26.2	35:03	4	7:28	27.1
7 (50)	3:06	4	0:44	31.0	38:09	3	8:12	27.4
8 (46)	10:36	4	2:42	34.2	48:45	3	10:37	27.8
9 (45)	11:01	7	5:14	90.5	59:46	4	15:37	35.4
10 (32)	10:24	9	5:59	135.5	1:10:10	4	21:36	44.5
11 (100)	1:57	4	0:14	13.6	1:12:07	4	21:50	43.4
Finish	1:08	3	0:13	23.6	1:13:15	4	22:03	43.1