



Hessische Meisterschaft Orientierungslauf Klassik
Eppstein (Taunus) / 28.10.2017

Detailed evaluation

Holzhauer, Niklas

Club: OSC Kassel

Total time: 1:02:59

Running performance: 7:50 min/km

Course: 8.03 km / 17 Controls

Category:

H19E (Herren ab 19)

Rank in category: 5(of 10)

Best time in the category: 55:23

Behind: 7:36

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (34)	1:03	5	0:09	16.7	1:03	5	0:09	16.7
2 (35)	3:50	6	0:23	11.1	4:53	4	0:32	12.3
3 (36)	1:21	4	0:03	3.9	6:14	4	0:35	10.3
4 (37)	2:15	5	0:20	17.4	8:29	4	0:44	9.5
5 (38)	4:43	4	0:19	7.2	13:12	4	0:59	8.1
6 (45)	3:38	5	0:23	11.8	16:50	4	1:14	7.9
7 (31)	11:12	7	2:32	29.2	28:02	5	3:46	15.5
8 (44)	2:38	4	0:13	9.0	30:40	5	3:59	14.9
9 (46)	5:07	3	0:19	6.6	35:47	5	3:55	12.3
10 (48)	5:08	5	1:02	25.2	40:55	6	4:55	13.7
11 (45)	2:59	10	1:33	108.1	43:54	6	6:24	17.1
12 (39)	3:32	2	0:08	3.9	47:26	6	6:11	15.0
13 (51)	5:23	5	0:36	12.5	52:49	6	6:27	13.9
14 (50)	1:47	10	1:06	161.0	54:36	6	7:33	16.1
15 (32)	4:45	3	0:19	7.1	59:21	6	7:18	14.0
16 (47)	1:07	5	0:17	34.0	1:00:28	6	7:35	14.3
17 (100)	1:46	8	0:31	41.3	1:02:14	6	7:35	13.9
Finish	0:45	4	0:11	32.4	1:02:59	6	7:36	13.7