



# Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

## Detailed evaluation

Blumenstein, Helmut

Club: OSC Kassel

Total time: 45:11

Running performance: 8:53 min/km

Course: 5.08 km / 11 Controls

Category:

H55 (Herren ab 55)

Rank in category: 2(of 11)

Best time in the category: 45:09

Behind: 0:49

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (49)	2:06	6	0:29	29.9	2:06	6	0:29	29.9
2 (37)	3:55	1	-	-	6:01	2	0:27	8.1
3 (35)	2:44	1	-	-	8:45	2	0:16	3.1
4 (38)	3:00	2	0:15	9.1	11:45	2	0:05	0.7
5 (40)	6:10	4	0:33	9.8	17:55	3	0:38	3.7
6 (44)	9:15	9	2:44	41.9	27:10	3	3:12	13.4
7 (50)	2:05	3	0:22	21.4	29:15	3	3:34	13.9
8 (46)	6:15	1	-	-	35:30	3	2:48	8.6
9 (45)	4:07	1	-	-	39:37	3	1:40	4.4
10 (32)	3:25	1	-	-	43:02	2	1:03	2.5
11 (100)	1:25	3	0:08	10.4	44:27	3	1:05	2.5
Finish	0:44	2	0:04	10.0	45:11	3	0:49	1.8