



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Bahner, Frank

Club: DAV Inselberg
Number: 205

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 46:41

Speed: 11.57 km/h
Running performance: 5:01 min/km

Rank in course/Total: 108 (of 325)

Rank in course/Men: 99 (of 217)

Best time in course: 31:13

Rank in category: 10(of 20)

Best time in the category: 35:07