



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**Jakob, Philipp**

Club: Martinroda  
Number: 258

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 48:27

Speed: 11.15 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 130 (of 325)

Rank in course/Men: 118 (of 217)

Best time in course: 31:13

Rank in category: 16(of 28)

Best time in the category: 33:12