



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

BIER, Volker

Club: fit & run weimar
Number: 14

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 49:11

Speed: 10.98 km/h
Running performance: 5:17 min/km

Rank in course/Total: 139 (of 325)

Rank in course/Men: 124 (of 217)

Best time in course: 31:13

Rank in category: 2(of 11)

Best time in the category: 40:24