



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Filusch, Uwe

Club: Hamburg
Number: 225

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 50:48

Speed: 10.63 km/h
Running performance: 5:28 min/km

Rank in course/Total: 157 (of 325)

Rank in course/Men: 139 (of 217)

Best time in course: 31:13

Rank in category: 13(of 20)

Best time in the category: 35:07