



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**Ros, Kira**

Club: Ilmenau  
Number: 175

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 51:14

Speed: 10.54 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 162 (of 325)

Rank in course/Women: 22 (of 108)

Best time in course: 36:10

Rank in category: 3(of 17)

Best time in the category: 44:30