



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

HEYDER, Larissa

Club: Laufftreff Alteburg Arnstadt
Number: 52

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 52:05

Speed: 10.37 km/h
Running performance: 5:36 min/km

Rank in course/Total: 180 (of 325)

Rank in course/Women: 28 (of 108)

Best time in course: 36:10

Rank in category: 4(of 20)

Best time in the category: 40:01