



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**MICHALOWSKI, Skadi**

Club: SC Motor Zella- Mehlis  
Number: 95

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 52:47

Speed: 10.23 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 191 (of 325)

Rank in course/Women: 32 (of 108)

Best time in course: 36:10

Rank in category: 5(of 20)

Best time in the category: 40:01