



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

MICHALOWSKI, Matthias

Club: SC Motor Zella- Mehlis
Number: 94

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:47

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 192 (of 325)

Rank in course/Men: 160 (of 217)

Best time in course: 31:13

Rank in category: 19(of 25)

Best time in the category: 36:38