



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter-Heidersbach
Number: 294

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:23

Speed: 10.12 km/h
Running performance: 5:44 min/km

Rank in course/Total: 204 (of 325)

Rank in course/Men: 168 (of 217)

Best time in course: 31:13

Rank in category: 6(of 11)

Best time in the category: 40:24