



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

SEIDEMANN, Andre

Club: VS Leipzig

Number: 142

Course: 9.30 km

Kurze Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 53:30

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 207 (of 325)

Rank in course/Men: 170 (of 217)

Best time in course: 31:13

Rank in category: 15(of 20)

Best time in the category: 35:07