



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Trommer, Ray

Club: TSV 1899 Heyda
Number: 183

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:37

Speed: 10.07 km/h
Running performance: 5:46 min/km

Rank in course/Total: 212 (of 325)

Rank in course/Men: 171 (of 217)

Best time in course: 31:13

Rank in category: 23(of 28)

Best time in the category: 33:12