



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Lattermann, Susann

Number: 253

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:33

Speed: 9.38 km/h

Running performance: 6:11 min/km

Rank in course/Total: 255 (of 325)

Rank in course/Women: 62 (of 108)

Best time in course: 36:10

Rank in category: 15(of 20)

Best time in the category: 40:01