



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Kirpal, Thomas

Number: 533

Course: 9.30 km

Kurze Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:39

Speed: 9.37 km/h

Running performance: 6:12 min/km

Rank in course/Total: 257 (of 325)

Rank in course/Men: 194 (of 217)

Best time in course: 31:13

Rank in category: 27(of 28)

Best time in the category: 33:12