



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Menge, Sigrid

Club: Walschberg Runnels  
Number: 546

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 1:00:44

Speed: 8.89 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 282 (of 325)

Rank in course/Women: 82 (of 108)

Best time in course: 36:10

Rank in category: 4(of 6)

Best time in the category: 51:21