



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Lassas, Sylvia

Club: Biertinner
Number: 300

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:02:35

Speed: 8.63 km/h
Running performance: 6:44 min/km

Rank in course/Total: 297 (of 325)

Rank in course/Women: 92 (of 108)

Best time in course: 36:10

Rank in category: 14(of 17)

Best time in the category: 44:30