



14. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

ZIEGLER, Hans-Joachim

Club: TSG WSC 07 Ruhla  
Number: 172

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:05:42

Speed: 8.22 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 307 (of 325)

Rank in course/Men: 208 (of 217)

Best time in course: 31:13

Rank in category: 9(of 11)

Best time in the category: 40:24