



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

NICKEL, Manfred

Club: LG Sangerhausen
Number: 100

Course: 9.30 km
Kurze Strecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:09:39

Speed: 8.01 km/h
Running performance: 7:29 min/km

Rank in course/Total: 318 (of 325)
Rank in course/Men: 213 (of 217)
Best time in course: 31:13

Rank in category: 3(of 3)
Best time in the category: 55:12