



# 14. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 15.04.2017

## Detailed evaluation

**Jurkschat, Wolf**

Club: Rennsteiglaufverein  
Number: 485

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:10:07

Speed: 15.40 km/h  
Running performance: 3:47 min/km

Rank in course/Total: 3 (of 173)

Rank in course/Men: 3 (of 140)

Best time in course: 1:06:14

Rank in category: 1(of 13)

Best time in the category: 1:10:07

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	9.30	34:37	3:43	1	-	3	2:07	9.30	34:37	3:43	1	-	3	2:07
Control	9.00	34:45	3:51	1	-	3	1:43	18.30	1:09:22	3:47	1	-	3	3:50
Finish	0.20	0:45	3:45	1	-	7	0:08	18.50	1:10:07	3:47	1	-	3	3:53