



# 14. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 15.04.2017

## Detailed evaluation

**BERTHOLD, Rene**

Club: Waldläufer  
Number: 359

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:14:04

Speed: 14.99 km/h  
Running performance: 4:00 min/km

Rank in course/Total: 8 (of 173)

Rank in course/Men: 8 (of 140)

Best time in course: 1:06:14

Rank in category: 2(of 21)

Best time in the category: 1:12:56

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	9.30	37:04	3:59	3	0:40	12	4:34	9.30	37:04	3:59	3	0:40	12	4:34
Control	9.00	36:14	4:01	2	0:38	7	3:12	18.30	1:13:18	4:00	2	1:08	8	7:46
Finish	0.20	0:46	3:50	3	0:02	12	0:09	18.50	1:14:04	4:00	2	1:08	8	7:50