



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

BUSS, Peter

Club: LTV Erfurt e.V.
 Number: 363

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M55 (55-59 Jahre)

Total time: 1:17:10

Speed: 14.00 km/h
 Running performance: 4:10 min/km

Rank in course/Total: 15 (of 173)

Rank in course/Men: 15 (of 140)

Best time in course: 1:06:14

Rank in category: 1(of 18)

Best time in the category: 1:17:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	37:36	4:02	1	-	15	5:06	9.30	37:36	4:02	1	-	15	5:06
Control	9.00	38:45	4:18	1	-	18	5:43	18.30	1:16:21	4:10	1	-	15	10:49
Finish	0.20	0:49	4:04	1	-	28	0:12	18.50	1:17:10	4:10	1	-	15	10:56