



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

SCHREIER, Johanna

Club: SG Motor Arnstadt
 Number: 439

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W30 (30-34 Jahre)

Total time: 1:20:14

Speed: 13.46 km/h
 Running performance: 4:20 min/km

Rank in course/Total: 23 (of 173)

Rank in course/Women: 2 (of 33)

Best time in course: 1:17:32

Rank in category: 2 (of 8)

Best time in the category: 1:17:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	9.30	38:36	4:09	2	0:58	2	0:58	9.30	38:36	4:09	2	0:58	2	0:58
Control	9.00	40:46	4:31	2	1:42	3	1:42	18.30	1:19:22	4:20	2	2:40	2	2:40
Finish	0.20	0:52	4:19	2	0:02	4	0:04	18.50	1:20:14	4:20	2	2:42	2	2:42