



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Holland, Stephan

Club: WTA Suhl
Number: 243

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 39:19

Speed: 13.73 km/h
Running performance: 4:14 min/km

Rank in course/Total: 36 (of 325)

Rank in course/Men: 35 (of 217)

Best time in course: 31:13

Rank in category: 5(of 28)

Best time in the category: 33:12