



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

PETER, Claudio

Club: Engelburg
 Number: 420

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:23:51

Speed: 12.88 km/h
 Running performance: 4:32 min/km

Rank in course/Total: 34 (of 173)

Rank in course/Men: 30 (of 140)

Best time in course: 1:06:14

Rank in category: 7(of 21)

Best time in the category: 1:12:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	41:12	4:25	7	4:48	30	8:42	9.30	41:12	4:25	7	4:48	30	8:42
Control	9.00	41:45	4:38	7	6:09	30	8:43	18.30	1:22:57	4:31	7	10:47	30	17:25
Finish	0.20	0:54	4:30	12	0:10	52	0:17	18.50	1:23:51	4:31	7	10:55	30	17:37