



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

PETERMANN, Sebastian

Club: Kesselbrunn Runners
 Number: 421

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M30 (30-34 Jahre)

Total time: 1:25:06

Speed: 13.04 km/h
 Running performance: 4:36 min/km

Rank in course/Total: 38 (of 173)

Rank in course/Men: 34 (of 140)

Best time in course: 1:06:14

Rank in category: 8(of 17)

Best time in the category: 1:06:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	41:56	4:30	8	9:26	36	9:26	9.30	41:56	4:30	8	9:26	36	9:26
Control	9.00	42:27	4:43	9	9:25	37	9:25	18.30	1:24:23	4:36	8	18:51	34	18:51
Finish	0.20	0:43	3:34	3	0:01	5	0:06	18.50	1:25:06	4:35	8	18:52	34	18:52