



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

WINTER, Michael

Club: Dresden  
 Number: 449

Course: 18.50 km  
 Lange Strecke

Category:  
 Männer (20-29 Jahre)

Total time: 1:26:17

Speed: 12.52 km/h  
 Running performance: 4:40 min/km

Rank in course/Total: 39 (of 173)

Rank in course/Men: 35 (of 140)

Best time in course: 1:06:14

Rank in category: 2(of 8)

Best time in the category: 1:11:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	41:31	4:27	2	6:07	33	9:01	9.30	41:31	4:27	2	6:07	33	9:01
Control	9.00	43:48	4:51	4	8:10	42	10:46	18.30	1:25:19	4:39	2	14:17	35	19:47
Finish	0.20	0:58	4:49	6	0:13	70	0:21	18.50	1:26:17	4:39	2	14:19	35	20:03