



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

FRITSCH, Steve

Club: Walschberg Runners
 Number: 380

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:27:14

Speed: 12.38 km/h
 Running performance: 4:43 min/km

Rank in course/Total: 48 (of 173)

Rank in course/Men: 44 (of 140)

Best time in course: 1:06:14

Rank in category: 12(of 21)

Best time in the category: 1:12:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	42:10	4:32	10	5:46	38	9:40	9.30	42:10	4:32	10	5:46	38	9:40
Control	9.00	44:14	4:54	11	8:38	49	11:12	18.30	1:26:24	4:43	12	14:14	44	20:52
Finish	0.20	0:50	4:10	8	0:06	33	0:13	18.50	1:27:14	4:42	12	14:18	44	21:00