



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Beetz, Christoph

Club: GutsMuths-Rensteiglaufverein
 Number: 481

Course: 18.50 km
 Lange Strecke

Category:
 Männer (20-29 Jahre)

Total time: 1:30:25

Speed: 12.28 km/h
 Running performance: 4:53 min/km

Rank in course/Total: 54 (of 173)

Rank in course/Men: 50 (of 140)

Best time in course: 1:06:14

Rank in category: 4(of 8)

Best time in the category: 1:11:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	46:34	5:00	4	11:10	62	14:04	9.30	46:34	5:00	4	11:10	62	14:04
Control	9.00	43:01	4:46	3	7:23	41	9:59	18.30	1:29:35	4:53	4	18:33	50	24:03
Finish	0.20	0:50	4:10	3	0:05	33	0:13	18.50	1:30:25	4:53	4	18:27	50	24:11