



14. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Lipfert, Robby

Club: Ilmenau
Number: 511

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:31:16

Speed: 11.83 km/h
Running performance: 4:56 min/km

Rank in course/Total: 57 (of 173)

Rank in course/Men: 53 (of 140)

Best time in course: 1:06:14

Rank in category: 7(of 22)

Best time in the category: 1:15:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	9.30	45:24	4:52	8	8:31	55	12:54	9.30	45:24	4:52	8	8:31	55	12:54
Control	9.00	44:58	4:59	7	6:45	54	11:56	18.30	1:30:22	4:56	7	15:16	53	24:50
Finish	0.20	0:54	4:30	7	0:06	52	0:17	18.50	1:31:16	4:56	7	15:22	53	25:02