



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Pitschmann, Peter

Club: LG Frauenwald
 Number: 489

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M45 (45-49 Jahre)

Total time: 1:33:58

Speed: 11.81 km/h
 Running performance: 5:05 min/km

Rank in course/Total: 67 (of 173)

Rank in course/Men: 63 (of 140)

Best time in course: 1:06:14

Rank in category: 11(of 25)

Best time in the category: 1:13:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	45:33	4:53	12	9:55	59	13:03	9.30	45:33	4:53	12	9:55	59	13:03
Control	9.00	47:26	5:16	13	10:37	72	14:24	18.30	1:32:59	5:04	11	20:32	63	27:27
Finish	0.20	0:59	4:54	15	0:22	79	0:22	18.50	1:33:58	5:04	11	20:45	63	27:44