



14. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Pitschmann, Peter

Club: LG Frauenwald

Number: 489

Course: 18.50 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:33:58

Speed: 11.49 km/h

Running performance: 5:05 min/km

Rank in course/Total: 67 (of 173)

Rank in course/Men: 63 (of 140)

Best time in course: 1:06:14

Rank in category: 11(of 25)

Best time in the category: 1:13:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	9.30	45:33	4:53	12	9:55	59	13:03	9.30	45:33	4:53	12	9:55	59	13:03
Control	9.00	47:26	5:16	13	10:37	72	14:24	18.30	1:32:59	5:04	11	20:32	63	27:27
Finish	0.20	0:59	4:54	15	0:22	79	0:22	18.50	1:33:58	5:04	11	20:45	63	27:44