



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

VOGLER, Andy

Club: Gehren
 Number: 446

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44 Jahre)

Total time: 1:35:02

Speed: 11.68 km/h
 Running performance: 5:08 min/km

Rank in course/Total: 73 (of 173)

Rank in course/Men: 69 (of 140)

Best time in course: 1:06:14

Rank in category: 8(of 13)

Best time in the category: 1:10:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	46:51	5:02	8	12:14	66	14:21	9.30	46:51	5:02	8	12:14	66	14:21
Control	9.00	47:12	5:14	8	12:27	69	14:10	18.30	1:34:03	5:08	8	24:41	69	28:31
Finish	0.20	0:59	4:54	12	0:14	79	0:22	18.50	1:35:02	5:08	8	24:55	69	28:48