



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Reisser, Mario

Club: Fat Fighters  
 Number: 498

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M45 (45-49 Jahre)

Total time: 1:38:06

Speed: 11.31 km/h  
 Running performance: 5:18 min/km

Rank in course/Total: 89 (of 173)

Rank in course/Men: 84 (of 140)

Best time in course: 1:06:14

Rank in category: 20(of 25)

Best time in the category: 1:13:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	48:11	5:10	19	12:33	85	15:41	9.30	48:11	5:10	19	12:33	85	15:41
Control	9.00	48:55	5:26	17	12:06	85	15:53	18.30	1:37:06	5:18	20	24:39	84	31:34
Finish	0.20	1:00	5:00	17	0:23	84	0:23	18.50	1:38:06	5:18	20	24:53	84	31:52