



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Hilpert, Carolin

Club: GMRLV
 Number: 544

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:38:08

Speed: 11.01 km/h
 Running performance: 5:18 min/km

Rank in course/Total: 90 (of 173)

Rank in course/Women: 6 (of 33)

Best time in course: 1:17:32

Rank in category: 1(of 5)

Best time in the category: 1:38:08

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Control | 9.30 | 47:52 | 5:08 | 1 | - | 6 | 10:14 | 9.30 | 47:52 | 5:08 | 1 | - | 6 | 10:14 |
| Control | 9.00 | 49:16 | 5:28 | 1 | - | 6 | 10:12 | 18.30 | 1:37:08 | 5:18 | 1 | - | 6 | 20:26 |
| Finish | 0.20 | 1:00 | 5:00 | 3 | 0:12 | 13 | 0:12 | 18.50 | 1:38:08 | 5:18 | 1 | - | 6 | 20:36 |