



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Hilpert, Carolin

Club: GMRLV
 Number: 544

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:38:08

Speed: 11.01 km/h
 Running performance: 5:18 min/km

Rank in course/Total: 90 (of 173)

Rank in course/Women: 6 (of 33)

Best time in course: 1:17:32

Rank in category: 1(of 5)

Best time in the category: 1:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	9.30	47:52	5:08	1	-	6	10:14	9.30	47:52	5:08	1	-	6	10:14
Control	9.00	49:16	5:28	1	-	6	10:12	18.30	1:37:08	5:18	1	-	6	20:26
Finish	0.20	1:00	5:00	3	0:12	13	0:12	18.50	1:38:08	5:18	1	-	6	20:36