



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Wei, Michael

Club: Schmiedefeld
 Number: 476

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:39:23

Speed: 10.87 km/h
 Running performance: 5:22 min/km

Rank in course/Total: 98 (of 173)

Rank in course/Men: 92 (of 140)

Best time in course: 1:06:14

Rank in category: 16(of 21)

Best time in the category: 1:12:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	47:53	5:08	14	11:29	82	15:23	9.30	47:53	5:08	14	11:29	82	15:23
Control	9.00	50:23	5:35	16	14:47	99	17:21	18.30	1:38:16	5:22	16	26:06	92	32:44
Finish	0.20	1:07	5:34	18	0:23	119	0:30	18.50	1:39:23	5:22	16	26:27	92	33:09