



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

KRAUßE, Dominik

Club: SV 90 Gräfenroda  
 Number: 404

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M35 (35-39 Jahre)

Total time: 1:40:22

Speed: 11.06 km/h  
 Running performance: 5:26 min/km

Rank in course/Total: 107 (of 173)

Rank in course/Men: 98 (of 140)

Best time in course: 1:06:14

Rank in category: 17(of 21)

Best time in the category: 1:12:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	9.30	48:18	5:11	16	11:54	86	15:48	9.30	48:18	5:11	16	11:54	86	15:48
Control	9.00	51:10	5:41	18	15:34	102	18:08	18.30	1:39:28	5:26	18	27:18	99	33:56
Finish	0.20	0:54	4:30	12	0:10	52	0:17	18.50	1:40:22	5:25	17	27:26	98	34:08