



14. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

**MACHATSCHEK, Lisa**

Club: ohne  
 Number: 413

Course: 18.50 km  
 Lange Strecke

Category:  
 Frauen (20-29 Jahre)

Total time: 1:41:28  
 Speed: 10.64 km/h  
 Running performance: 5:29 min/km  
 Rank in course/Total: 111 (of 173)  
 Rank in course/Women: 11 (of 33)  
 Best time in course: 1:17:32  
 Rank in category: 2(of 5)  
 Best time in the category: 1:38:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	9.30	50:20	5:24	2	2:28	14	12:42	9.30	50:20	5:24	2	2:28	14	12:42
Control	9.00	50:12	5:34	2	0:56	10	11:08	18.30	1:40:32	5:29	2	3:24	11	23:50
Finish	0.20	0:56	4:39	2	0:08	6	0:08	18.50	1:41:28	5:29	2	3:20	11	23:56