



14. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 15.04.2017

Detailed evaluation

Schumann, Rita

Club: Der unorganisierte Haufen
 Number: 461

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W45 (45-49 Jahre)

Total time: 1:42:52

Speed: 10.50 km/h
 Running performance: 5:34 min/km

Rank in course/Total: 115 (of 173)

Rank in course/Women: 12 (of 33)

Best time in course: 1:17:32

Rank in category: 2(of 6)

Best time in the category: 1:40:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	9.30	48:57	5:15	1	-	7	11:19	9.30	48:57	5:15	1	-	7	11:19
Control	9.00	52:56	5:52	2	3:19	14	13:52	18.30	1:41:53	5:34	2	2:52	12	25:11
Finish	0.20	0:59	4:54	1	-	10	0:11	18.50	1:42:52	5:33	2	2:52	12	25:20